

# **INTERSECTIONAL COOPERATIVE LIVING, LEARNING AND HEALING**





# PERSONAL INTRODUCTION





# **INTRO / CHECK IN**

**NAME, PRONOUNS, WHAT CO-OP  
YOU'RE COMING FROM**

**ICE BREAKER: IF YOU WERE AN ICE CREAM FLAVOR,  
WHICH ONE WOULD YOU BE AND WHY?**

# **GROUP DISCUSSION:**

**WHAT DOES THE WORD “HOME” MEAN TO YOU?**

**WHAT “SHOULD” HOME FEEL LIKE?**

For this exercise, we will take some time to think about our upbringings, homes and expectations of community / care. Discuss with your groups.

# **INTERSECTIONALITY IN COOPERATIVES**

**HOW IDENTITIES SHAPE POWER AND CONFLICT IN  
SHARED LIVING**

# INTERSECTIONALITY:

A term coined by Kimberlé Crenshaw - describes how different aspects of a person's identity (such as race, class, gender, sexuality, immigration status, or disability) intersect to create unique experiences of privilege and oppression.



# **CIRCLE SHARE:**

What are some lived / shared experiences we can draw from? How have you / your co-op navigated these challenges?

# CALL INS / CALL OUTS

What is the difference? When are call ins vs call outs appropriate?



# TIPS FOR CALL INS

- take care of yourself first
- communicate when you aren't feeling triggered
- find allies to talk to help navigate the situation

# WAYS TO CONNECT

- Teach ins
- Stay-cations
- Trips (if possible)
- Theme nights (dinner, going out etc)
- Volunteer days around the co-op and greater community

Be mindful of power dynamics and trying to create an equitable environment (sliding scale, taking up space in meetings / shared spaces and accommodation for disabilities).

# **BUILDING SAFE(R) SPACES**

Co-op living is socially complex. The truth is, we will make mistakes. It's about growth and understanding, not perfection.

It's a delicate dance of advocating for our own needs while co-existing in a greater ecosystem.



**WHAT ARE YOUR TAKE AWAYS FROM THE SESSION?**

**WHAT WILL YOU BE TAKING BACK AND IMPLEMENTING/  
PRACTICING WITH YOUR CO-OP?**

**SHARE BACKS**