# Here's what we did for WestCo when we hosted in 2010:

## - FRIDAY -

- 7:00 pm: WELCOME POTLUCK & REGISTRATION @ Baggins' End (The Domes) -

# - SATURDAY -

- 9:00 to 10:00 am: BREAKFAST & REGISTRATION @ The Domes

### **All Day**

Creating Healthy & Just Communities: Anti-Oppression Training

- Presenter: Mingwei Huang (NASCO Staff) Time: Saturday 10am-6pm Place:
   Yurt @ The Domes
- Cooperative leaders will have the opportunity to build an analysis of power, privilege, and oppression as it operates in their co-ops and communities. Take away popular education training tools and techniques, and share ideas for creating inclusive and accessible spaces in co-ops.
- \* Due to the nature of the workshop, Mingwei has asked that we cap attendance to this workshop at 25 people. Each co-op house is encouraged to select 1-2 representatives to attend, who are willing to bring knowledge/tools back to their group.

# Anti-Oppression Training Info.pdf

#### 10:00 to 11:30 am

CONSENSUS DECISION MAKING WORKSHOP/DISCUSSION

• Presenter: Justin Ellerby(CA Center for Co-op Development) Place: Ag

#### Effort Co-op

Practices of consensus-based meetings can vary widely across co-ops.
 This session will aim to be a place for participants to share their ideas and experiences around procedures, rules, and roles that make this decision-making process unique.

#### **SKETCHBOOKS**

- Presenter: Kat Meler (UCD Tri-Coops) Place: Davis Student Co-op
- Using recycled covers, we'll learn traditional Coptic binding and create personalized books that can be used for sketching, note-taking, pressing flowers and plants, and whatever your biblio-needs may be.

#### BREADMAKING

- Presenter: Clinton Gibson (UCD Tri-Coops) Place: Pierce Co-op
- Learn to make bread! Join Clinton for a lesson in bread-making, wow friends and family with healthful baking skills, and learn how to throw down for those community meals. Experienced bakers welcome to share their skills.
- NOON to 1:00 pm: LUNCH @ The UCD Tri-Coops -

# 1:30 to 3:00 pm

#### **BUDGET FLUENCY**

- Presenter: Daniel Miller (NASCO Staff) Place: Ag Effort Co-op
- This is a workshop on how you can use some simple tools to start to understand budgets for your coop. During this short workshop, participants will learn a few simple tips on how to start digging into budgets, and how to start asking the right questions to tell you what you need to know.

#### WORKING TOWARD HEALING COMMUNITY TRAUMA

- Presenter: November Newman & Kas Ocasio-Pare (Santa Cruz SHC) Place:
   Pierce Co-op
- What kind of events could lead toward community trauma? How would your coop respond or react to a death in the community? How can we

heal from the community trauma produced from hard times? What can we do to make our coop strong before a potentially traumatic event occurs? We will be discussing causes of and responses to trauma, as well as how to manage before, during, and after potentially traumatic events.

#### BEE-KEEPING FOR DUMMIES

- Presenter: Derek Downey (Sunwise Coop) Place: Sunwise Co-op
- Derek Downey (Sunwise Co-op) Learn the basics of bee-keeping while getting a chance to look into a real hive! From swarm-catching to honey harvesting, this will introduce you to the world of bee-keeping. Folks may want to stick around Sunwise for the afternoon - Derek's workshop on compost & chickens will round out the garden experience!
- \*NOTE: Co-opers who've made the trip out to Sunwise may wish to take a walk during the break in the amazing community-maintained gardens of Village Homes, and join Derek for his afternoon Compost Happens! Workshop.

#### - BREAK -

#### 3:30 to 5:00 pm

#### CREATING NEW CO-OPS

- Presenter: Daniel Miller (NASCO Staff) Place: Ag Effort Co-op
- Everyone takes a different route to get from scheming to moving into a new coop! There will be special emphasis put on the steps that need to happen which are not obvious, or which can be more intimidating, such as budgeting and incorporation.

#### CRAFTING

- Presenter: Maia Kazaks (Santa Barbara SHC) Place: Davis Student Co-op
- Join Santa Barbara Co-opers and alumni for crafting of all types an
  all-inclusive artsy event of collaging, knitting, bookbinding, drawing
  (multi-media), magnet work and even some low-key jewelry, too.
  Expect the productivity and encouragement of a quilting bee, the
  conversation of a pea-shelling afternoon, and results of co-operation
  and collaboration- it is what we make it! Feel free to bring personal

#### accoutrement for your projects!

#### COMPOST HAPPENS!

- Presenter: Derek Downey (Sunwise Coop) Place: Sunwise Co-op
- Learn all the whats, wheres, hows, whens, and whys of composting!
   From backyard heap composting (cold and hot methods) to
   vermicomposting (with red worms), you'll get a chance to learn how
   you can take responsibility for your organic resources. The chickens of
   Sunwise Co-op may even demonstrate for you their own method of
   composting.

- 7:00 pm: DINNER @ The UCD Tri-Coops -

# - SUNDAY -

- 9:30 to 10:30 am: BREAKFAST @ The UCD Tri-Coops - 10:30 am to 12:30 pm

LAUNCHING THE COOPERATIVE GROUNDSWELL:

The Cooperative Food Empowerment Directive (CoFed)

- Presenters: Ava Churchill (CA Center for Co-op Development) & Yoni
   Landua (Berkeley Student Food Collective) Place: Ag Effort Co-op
- Come learn about the CoFed, which is laying plans for the future of the student-run food cooperative movement. This summer, CoFed will be hosting a week-long retreat that will bring together students from all around the West Coast to create a plan for their campus food co-op, build their project teams and meet with farmers, producers and mentors. Learn more and bring cooperative values and real food to your campus and to every campus on North America. Lets build the vision!

#### WORKING TOWARDS CONSENT

- Presenters: Jessy Schmidt (J St. Co-op), Molly Reagh (Domes) Place:
   Pierce Co-op
- Sharing and discussing information that we have gathered about how folks can work towards consent on a personal and community level, and away from using their power to perpetrate intimate and sexual

violence. This workshop is not based on expertise, but rather we feel that discussions about consent should be an integral part of any community. This workshop is heavily based the work of the amazingly awesome  $\hookrightarrow$  C.L.I.T. Collective in Santa Cruz, follow the link if you'd like to check them out!

#### BICYCLE MAINTENANCE

- Presenter: Clinton, Janaki & Darach (UCD Tri-Coops) Place: Tri-Coops
   Commons (Outside)
- Get your bike tuned up and ready to ride for spring! Learn to get all the
  winter grit out of your gears, re-grease your hubs, and tune up your
  brakes. Lots of sunny bike-riding days are around the corner, and you'll
  be ready to smoke everyone on the Sunday afternoon co-op bike tour.

#### FAIR HOUSING

- Presenter: Daniel Miller (NASCO Staff) Place: The Domes Yurt
- Learn about housing discrimination law and how to make sure your coop stays on the up and up! The workshop will talk a bit about the origins of the Fair Housing Act, how coops are (and are not) different from other types of housing, and how your membership policies might fit into housing discrimination law. There will also be time to have a Q&A session on FHA compliance.

#### GARDEN PARTY/DOMES TOUR

- Presenter: Kurt Vaughn (The Domes) Place: The Domes Gardens
- Tour the grounds and gardens of Baggins' End familiarly known as 'The Domes' on the UCD campus. The Domes community will be hosting an outdoor workday from 9:00 am to 1:00. Learn by helping hands-on with current projects and experience first-hand why this innovative, "experimental" community from the 1970's is still going strong today, nearly 40 years after its founding.

# - 12:30 to 1:30 pm: LUNCH @ The Domes - - SUNDAY AFTERNOON -

#### DAVIS CO-OPS BIKE TOUR

- Presenters: MANY! Place: All Over
- Davis is a land of bicycles! For those of you who don't have to get on the road home, please join us for a tour of cooperative housing by bike! Solar Community Housing Co-ops (including the site of their new co-op-to-be), the Pacifico Student Co-op in South Davis, the Davis Food Co-op, and the Davis Bicycle Collective. A great time to get out for a bit of exercise and discussion on different manifestations of the cooperative model!

# Logistics

#### What to Bring:

- items to aid in the consumption of food and drink: bowl/plate (plowl?), spork!!, flask/mug/mason jar
- an item with which you can secure your human-powered vehicle to some stationary object
- a human powered vehicle if you have one and can transport it to Davis with ease
- an item with which you might light your way and let others know of your presence as you propel yourself through space in the night
- one item in which you might sleep comfortably and warmly, and also one item that might soften the hard ground or floor and insulate your bod
- consider bringing a tent... if you've got one and you've got room or are down to schlepp that weight around and you want the option of sleeping out of doors but don't want to get all dewy or sprinkled on
- 10 bucks

Maps and schedules will be provided at registration, as well as instructions and information about:

- -where to sleep
- -where to eat
- -transportation