

Workshop for NASCO 2017

We need to make:

- handouts with additional resources listed. Wren can do this.
- Strips of paper with our hypothetical scenario

Start at 1:48 for Block 6

(2 minutes) Content warning:

- We're going to be talking about sexualized violence. Some of this conversation may delve into examples of real-life or realistic situations. We are going to have breaks/please come check in if you need to. Invitation to take care of yourselves in whatever way that means to you - leave whenever you need to, never assume why someone is leaving. Also take care of each other in this community we've made (not just individual model of care, that's the whole point.) since there are two of us, we're going to switch off facilitating and being scribes and/or tap-out people. If you want one of us to come out and support you at some point during the workshop, let us know by text.
- Some things to keep in mind:
 - Don't block exits
 - ask before touching
 - be mindful and respectful of the other people and experiences in the room.
 - Be mindful of ppls access needs
 - People listen in different ways
 - People formulate their thoughts in different ways
 - Speak so you can be heard (some folks are hard of hearing)

Name, pronouns, Check in question (7 mins): What would help you feel most supported in a learning space?

Intro & Conversation about language (7 minutes)

- Today we're going to be talking about Community accountability:
- Community accountability was created by communities that are most vulnerable to state violence: low-income, femme & queer & trans communities of color. We're going to point to resources for learning more about that, but it's not our place to be authorities on community accountability. We're going to talk about responding to violence within the co-op communities we've been a part of, brainstorm, share strategies and disappointments and victories and lessons, but we're not going to claim experiences and language that aren't ours. Check out the resources though because they're amazing.

Our Assumptions:

“For the sake of discussing the issue of sexualized violence in as much depth as possible, we are going to be operating this workshop with the understanding that the oppressions we just described impact people in our communities. If people in this space want to debate this for themselves, that’s fine to do outside of the space that we’ve created here. We won’t spend any time debating those oppressions here”

- Systems of oppression (racism, classism, heterosexism, cissexism, ableism, xenophobia, etc.) exist.
- These systems influence the ways people experience sexual violence, and the resources they have access to in recovering from it.
- The state’s responses to sexual violence (policing and prisons) often cause more harm than they prevent.
- we can build the skills we need to confront sexual violence and transform our communities.

“We made some definitions. Check them out later lol.”

Language when discussing violence:

- “person who experienced harm”/“a person who has caused harm” instead of “perpetrator” “survivor” “victim” → harm is not a binary, it is not just something evil people do. Let’s look honestly at violence. Demonizing makes it hard for community accountability to happen.
- Also important to allow people to define their own experience. Some people experience harm and do not want to label it “abuse,” and others take issue with being called “survivors.” It is important to respect the ways in which different people categorize themselves and their experiences.

“Any questions?” (2 mins)

Exploring TJ/CA frameworks (20 mins total)

- (10 mins) Split into groups, and give diff groups diff sets of framework/core values from TJ/CA groups
- (10 mins) Have each group report back summarizing the principles and answering the following questions
 - What’s one thing you liked about this document?
 - What’s one thing you felt uneasy or negatively about?

- What's one thing you have more questions about?

(7 mins) BREAK

Activity (15 mins): Scenario work through: **(adapted from Philly Survivor Support Collective's Zine Release Workshop):**

- *Each group gets a scenario. They have 10-15 minutes to brainstorm solutions, and then we'll take 15 minutes to share back, and to discuss how participants applied the ideas we brainstormed earlier in the workshop to this specific scenario.*

Group One

<p>You are the Discussion Leader and Scheduling Coordinator in Sloppy Joe's dining coop. Two members of the dining coop, Lee and Nat, had been dating for a while and then broke up. You've noticed that Lee hasn't been coming to meals recently.</p>
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<p>Someone comes to you with a concern about Lee. Lee has been hard to get in touch with after breaking up with Nat, and the co-op member is worried about Lee's safety in the community, since they are not engaging with the rest of the co-op and did not seem to have had access to support during their abusive relationship. The co-oper is coming to you for advice and guidance, but doesn't want to create more trauma for Lee. They also mentioned that they've heard Nat sharing inappropriate stories about sex with Lee in co-op spaces.</p>

<p>What are some ways you could move forward?</p>

Group Two

<p>You are a member of Sloppy Joe's dining coop.</p>
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<p>Recently, your close friend, Lee, broke up with their partner, Nat. You were glad to see them break up--Nat sometimes yelled at Lee in front of you, and it always made you uncomfortable. Lee has been really difficult to get ahold of ever since, which isn't like them. You've also overheard Nat telling stories about sex with Lee at dinner, and it's</p>

making you uncomfortable. You want to support Lee and make sure that they feel safe in the space, but you're not what to do. What are some ways you could move forward?

Group Three

You are a member of Sloppy Joe's dining coop.

Lee, another member, recently broke up with your close friend Nat. You were glad to see them break up--Nat sometimes yelled at Lee in front of you, and it always made you uncomfortable. You are a bit concerned about Lee though--they haven't been coming to meals since the breakup.

The other day at dinner, Nat told a very detailed story after dinner about sex with Lee that seemed inappropriate to you. You think that Nat's behavior is out of line, but you're not sure what to do about it because of your friendship. What are some ways you could move forward?

Group Four

You are Nat, a member of the Sloppy Joe dining co-op. Recently, your partner, Lee, broke up with you. You're feeling really angry about the breakup. You were in a bad mental health place, and Lee had promised to take care of you. You feel abandoned, especially because the person you dated before Lee frequently told you that you were worthless, and that no one would ever love you if your relationship ended.

Yesterday, a fellow co-oper approached you and called you out for behaving in an abusive manner toward Lee for the duration of your relationship. After a moment of defensiveness, you realize that your disregard for Lee's boundaries was in fact abusive and you are unsure of what your responsibilities are as a party that has caused harm and how you should move forward to improve your behavior. What are some things you could do going forward?

Share back with the rest of the group (15 minutes)

Outro (2 mins)!

- We are resources
- Look stuff up!
- Thanks for coming!

- This stuff is hard and we appreciate that you're willing to engage with it. <3

Any closing questions or scenarios you want to talk out with the group? (until 6 minutes before the end)

Checkout (6 minutes) :

- What's one thing you'll take back to your co-op OR what's one thing you're going to do to chill/self care after this.