

When Boundaries Get Crossed:

A Transformative Justice Approach to Consent Violations

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Group Norms/Agreements

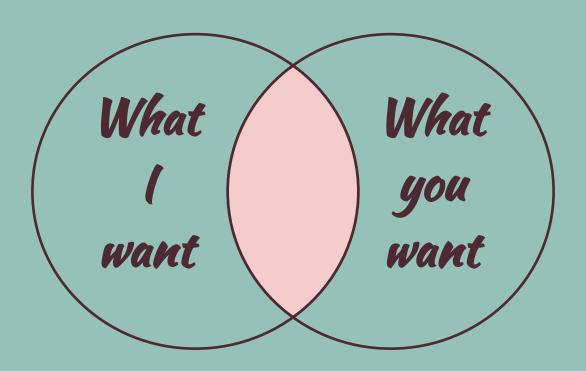
- Speak from your own experience—use "I" statements
- What's said here stays here, what's learned here leaves here
- We can't be articulate all the time (ouch/oops)
- Lean into discomfort, but take care of yourself (stretch, don't break)
- Be curious
- Be kind—this is deeply personal for some of us
- Be aware of time (share air time)



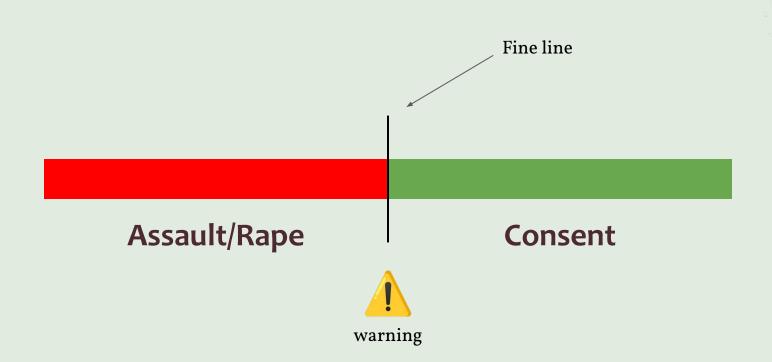
Our Vision

Learning about consent should make people feel more empowered in their relationships, not more afraid of sex.

Mutual Desire





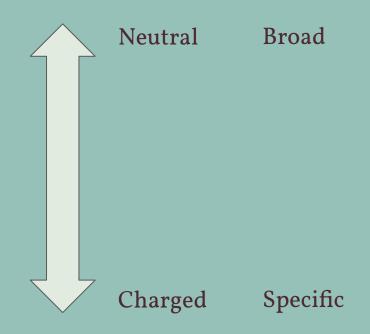


Assault/ Basic Great
Rape Consent Sex

Hell No Hell Yes

Words have power

- "consent incident"
- "boundary crossing"
- "consent violation"
- "assault"
- "rape"





What is Transformative Justice?

- Responding to violence/harm without creating more violence/harm
- Created by and for marginalized communities
- Recognizes that we all cause harm
- Promotes healing, accountability, and safety for all involved
- Focus on transforming the conditions that led to the harm—including systems of oppression
- Community-led and community-focused
- Explicitly abolitionist and not intended to be used by the state

Consent Teams/Community Accountability

- Harm reduction, non-punitive, transformative justice approach
- Resource for education, coaching, facilitating conversations
- Ability to impose restrictions when necessary
- Make it easy to ask for support—avoid automatic actions
- Publicize the team and philosophy
- Encourage reporting of small things—when small things are addressed, big things are less likely to happen
- Focus on cooperative resolution, outcomes everyone is okay with

Sharing Stories



How do your co-ops handle consent violations?

What has gone well? Poorly?

Situations where you've felt some "ick" but not sure why

Optional Topics/Activities

- More on consent teams/community accountability structures
- General guidance on handling boundary crossings as an individual
- Discuss & workshop specific situations
- Discuss intersections with social justice issues
- When is consent necessary?
- Reflecting on being on both sides of harm
- Activity: What makes me a good person?
 - How wanting to be a "good person" can get in the way of acknowledging harm



Consent Team Best Practices

- Written values, policies, and structures for responding to harm
- Vet team members for ability to hold multiple perspectives, nuance, curiosity/non-judgment
- Different point person for each party
 - Select based on existing relationships, identities, or biases (self-select out), as well as availability
 - Both present when talking to second person
- Keep detailed, private notes
 - Clarity about who has access to what

Tips for Talking to Involved Parties

- Nervous system regulation (yours and theirs)
- Prioritize their safety and consent
- Talking and listening in non-judgmental ways
- Ask about desired outcomes (when they're regulated)
- Harm can be bi-directional
- Everyone deserves care and respect



When You've Experienced Harm

- I. Make sure you're safe.
 - a. Get support. Keep asking until you get what you need.
- 2. **Feel your feelings**. (Everything you feel is okay.)
- 3. **Reflect** on possible interpretations of the incident.
 - a. How open are they likely to be to feedback and change?
- 4. Consider talking to them, or asking someone else to.
 - a. Culture changes when we give people the chance to learn and to be accountable.
- 5. Remember your own learning and growth.

When You (May Have) Caused Harm

- Listen, reflect and validate feelings and impact. Avoid arguing or explaining.
- 2. Thank them for telling you.
- 3. Apologize for what you can.
- 4. Look for **incoherence**—where were you out of integrity?
- 5. If appropriate, ask for consent to share your experience/intentions.
- 6. Commit to behavior change.
- 7. Ask if/how you can support them. Consider offering **amends**.
- 8. **Feel your feelings.** Express them away from the person harmed. Get support.

What Core Values Make Me a "Good Person?"

Ambition/ Contribution Generosity **Upholding** Honesty **Forgiveness** traditions Achievement Helpfulness Compassion Dependability Collaboration Humor Loyalty **Empathy** Sacrifice Respect Courage Love Learning **Boundaries** Curiosity Determination Growth Care Responsibility Intelligence Commitment Humility Kindness Creativity/ Authenticity Wisdom Independence/ Open-**Innovation** Competence/ mindedness Self-sufficiency Beauty Discipline Uniqueness Excellence

Popularity



Joy

Spirituality

What Core Values Make Me a "Good Person?"

"When I cause harm, I aim to respond with <u>[value]</u> by <u>[action]</u>
"

Ex: "When I cause harm, I aim to respond with compassion by listening and empathizing with the person I harmed."



We All Cause Harm

Think of a time you accidentally caused harm.

- I. How was it addressed (or not)?
- 2. What impact did that have?
- 3. What were your takeaways from the experience?
- 4. What might have happened if it had been addressed very differently (well or poorly)?

We All Experience Harm

Think of a time you were harmed by someone else's actions.

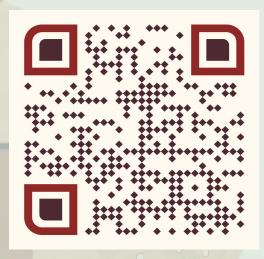
- I. How was it addressed (or not)?
- 2. What impact did that have?
- 3. How would you have liked it to be addressed?
- 4. What were your takeaways from the experience?



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